

# MONTENEGRO

Wild Beauty



*unfolded before your eyes*





# *Tivat unfolded before your eyes*

04-41

**HISTORY / CULTURE / TRADITION**



42-61

**NATURE**



62-75

**GASTRONOMY**



76-109

**ACTIVE HOLIDAY AND AMUSEMENT**



# Boka Kotorska - Tivat

Tivat is a small town located within the stunning Bay of Boka kotorska. Good traffic connectivity, pleasant climate with a lot of sunny days, beaches scattered along the 44 km- long coast, and luxurious marinas and residential complexes Porto Montenegro and Luštica bay make it a magnificent place. Tivat offers numerous sport facilities both in nature and on water, as well as numerous events throughout the year.

## A beautiful fairy



Boka Kotorska was described by a lot of authors and scientists who were amazed by its beauty: Vuk Karadžić, Ljubomir Nenadović, Njegoš, Ljubiša, Matavulj, Laza Kostić, Šantić, Jovan Cvijić and many others. Numerous foreign travel writers were also impressed- English, German, French. The most famous among them are: Paget, Lamb, Fraser, Gilles Vernes and Pierre Loti. Aleksa Šantić gave a special description of Boka Kotorska, in his poem "Boka".



## It breathes in the morning, blossoms during the day, smells sweetly at night



The American writer, Boyd, once said: "God created the world in six days. On the seventh day, taking his time, he created this fjord at the foot of Lovćen". Tivat is located within this fjord, created by God himself. The Bay of Tivat leaves all the visitors breathless with its beauty. Clear sea, refreshing air and evergreen vegetation of this area make everyone long for a rest. Flowers love to blossom in Tivat, and that is the reason why everyone

enjoys being here. Streets are adorned with magnolia trees, a symbol of the town. Helping them to make the town even more beautiful, there are oleander trees, roses, narcissuses, hyacinths, lemon trees, orange trees and beautiful palm trees. Within the "shell" of the Bay of Tivat, there are two wonderful pearls-islands the Saint Marc and The Lady of Grace. On one side, they are protected by the Đurašević Coast, Bjelila and Krašići with magnificent little beaches; and on the other side, by the seafront of Tivat. The luxurious marina Porto Montenegro is also situated in Tivat, for those who love nautical tourism. On the other side, there is Luštica bay for those who love playing golf, beach parties or having fun practising archery. For those who prefer a more peaceful holiday among olive trees, the settlement Gornja Lastva is perfect. It is only 3 km away from the town and it offers a splendid view of the Bay of Tivat.



# HISTORY / CULTURE / TRADITION







# HISTORY

The following epochs are clearly distinguished in the history of Boka Kotorska: Illyrian, Roman- Byzantine, Serbian, Venetian- Turkish and Austrian. The shores of the Bay of Tivat have survived all these epochs. Numerous archaeological findings corroborate that fact, together with the existing monuments of the ancient architecture and written historical sources.





## The truth about the future based on the foundations of the past- The history of the town



There are three different opinions on the origin of the name Tivat. According to the first one, the name Tivat was derived from the name of the Illyrian queen Teuta, whose capital was situated in Risan for a certain period of time. Also, she might have had summer houses near today's Tivat. According to the second opinion, the name could have been derived from the names of the Christian saints, such as Sanctus Theodorus, Theodosius, Theodotus, Theodulus or medieval (XII century) Theudo, Teodo. The third opinion is very brief, with no detailed explanation. According to it, the name stems from the Celtic word "touto", meaning "a town". The following epochs are clearly distinguished in the history of Boka Kotorska: Illyrian, Roman- Byzantine, Serbian, Venetian- Turkish and Austrian. The shores of the Bay of Tivat have survived all these epochs. Numerous archaeological findings corroborate that fact, together with the existing monuments of the ancient architecture and written historical sources. We have only a few archaeological findings for the Illyrian period, which ended in 168-7 B.C. with the fall of the Illyrian empire. The Roman period is much more prolific. Certain old texts and literature stated that there had been an old town near Bobovište (today's Kalardovo). It was thought that there had been the ancient Acruvium. These attitudes exist even today, but they are not always related to Bobovište, but also to some other sites nearby Tivat.

# HISTORY / LEGENDS



## Legend about how Tivat was founded

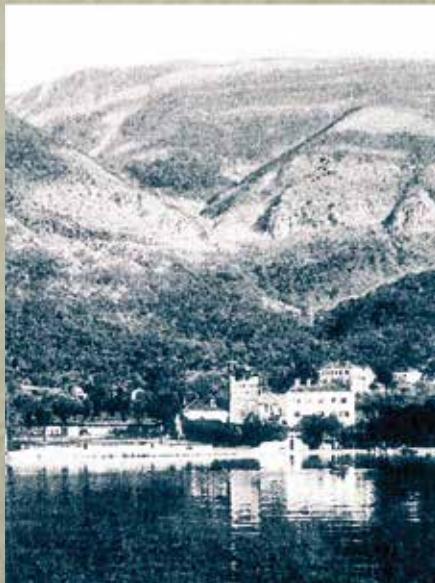
In 229 B.C. Roman legions attacked Agron's widow, the queen Teuta, due to continuous assaults of Illyrian pirates on Roman ships. The Romans attacked Teuta with the well-armed fleet of about 200 boats. Thus, Romans took away the capital Skadar from Teuta. Having left Skadar, Teuta found her shelter in the well- fortified town Risan. Now it was easy for her to withstand the Roman attacks and to rule the Illyrian empire- that is, what was left of it. The legend also says that Teuta built a summer house somewhere in the Bay of Tivat.





## The legend about the treasure on Vrmac

Sepulchral monuments of the Illyrian period are called "tumuli" and they are located on the Popova glava, in Gornja Lastva, Tivat's field and Krtoli. The largest monuments are located on the hilltops and a lot of legends were told related to them. The legend related to Popova glava says that, during the Illyrian times, Greek sailors managed to save a chest full of treasure after a shipwreck. They carried the chest on the shore, while their ship was crashed by the enraged sea against the cliffs and rocks. They took the treasure to Tivat and then mounted it on the hill Popova glava and buried it there. The treasure is guarded by a dragon, which flies away towards the East every morning when the Sun rises, and comes back after the sunset to continue its watch.



# CULTURE

Culture is related to the whole social heritage of a group of people; it is related to everything that exists within us, to what we cherish for you and us. Culture is sublime, special and it exists due to its



uniqueness and value. It is something to be cherished, valued, maintained and preserved. Culture is like a chest full of treasure and valuables, the one that - after it is opened- lets all the secrets and miracles out. It is like a book which represents a new discovery.



## An open book



Like a valuable pearl necklace, culture is something really special and precious, and there has to be time for it in our life. Culture is the murmur of life, it is an ever-flowing river. Culture in Tivat reflects the town and, while you spend time in Tivat, you should be a part of its

culture and experience its true self. Cultural heritage is a garden with the most beautiful flowers which have been spreading their delicate fragrance throughout centuries.



## CULTURE / TREASURE OF THE ANCIENT BOKA

Numerous tumuli- stone and earth monuments - are found along Boka and they represent Illyrian necropolises with the burned inhumed deceased people. There are numerous archaeological sites covering the area of Boka Kotorska.

Stories and legend about the Illyrian queen Teuta, who withstood Roman attacks for a long period of time, have been told for centuries. The story by the Benedictine Timotej Cizila found in his work 'The Gold Ox', describes her stay in her summer house in Tivat: "things



that nature has scattered all over the world are gathered here: mountains, hills, valleys, meadows, fields, pastures, rivers, streams, springs, vineyards, olive groves, fish, birds, venison, animals of all species, among other things, are only to be found separately in other parts of the world- here, they are gathered together.



The very name of the town "Theudo" or "Theuto" is derived from "Teuta", the queen Teuta of Risan, whose magnificent gardens were located here- in the plain nearby the sea, together with all the splendor of the royal palace. There are numerous archaeological sites in the area of Boka Kotorska. Almost every foot of this land is a potential archaeological site. It only takes a little effort to recognize it, for the beginning. So far, archaeological findings have given us directions and guidelines for future researches.



# CULTURE / TREASURE OF THE ANCIENT BOKA



Settlement



Marine sites



Ceramics



Mosaic



**SAINT LUCAS (SVETI LUKA) – GOŠIĆI** – It is almost certain that St. Lucas is an acropolis of the Illyrian monument (stone tomb- "gradina"), which communicates with the monument above Risan, as well as with the monument Krimalj above Mirac. On the west slope of the hill, ground plans and walls of the antique buildings have been found, as well as a bread oven. There are findings of ceramic amphoras fragments.

**HILLS** – A building called Bačva or Piskara, half dug in the ground, was described in the ancient literature. Its walls were made of thin blocks of red stone, with brick figures. There are remains of tombs- a tombstone with an inscription.

**PREVLAKA** – On the west side of the island, near the sea, there is an ancient building with a two- layered mosaic floor. Roman inscriptions were discovered, as well as numerous minor fragments or Roman ceramics.

**SAINT MARC (GABRIO, STRADIOTI)** – There are findings of Roman ceramics on the island. Remains of ancient walls were visible during some earlier researches on the site called "The Bridge/ Most". The walls were made of red ashlar. M.Crnogorčević has published the draft of the bridge which is believed to have connected Prevlaka to Stradioti.

**SOLILA** – While channels were dug, a lot of fragments of Hellenistic- Roman ceramics were found. It is possible that these fragments arrived there with the water flowing from the surrounding terrain.

**SELJANOVO** – Literature mentions tegulas fragments with the inscription ZVRI (inversely: IRVS)

**OPATOVO** – Mr. Ivo Stjepčević mentions the findings of two conical cippuses, which are now exhibited in Kotor.

# CULTURE / ETHNOGRAPHIC HERITAGE OF TIVAT

## **National costumes are an important characteristic**

Despite the proverb that the clothes do not make a man, national costume is something that can complete people's image. It tells a lot about our area and lifestyle. It is something that replaces the words. Each element of it is significant, and it reveals a lot about



lifestyle, history and tradition. National costumes of Boka are so diverse and therefore it is not easy to depict them completely, but few of them are the most typical: female costume of Lastva, male costume of Boka and Montenegrin costume both male and female. Unlike simple home craft costumes, made of material processed by women themselves (wool, hemp, "brnestra" and linen), these aforementioned costumes



were made of valuable imported materials (cloth, velvet, silk), and they were lavishly decorated with gold embroidery, and finally they were produced in handicraft workshops.

Weapon was both a constituent part, and a decoration of the male national costume. It was mainly produced in the renowned handicraft workshops in Boka Kotorska. Common weapon was: yataghan, "ledenice", firelock and miquelet lock. Man also carried gunpowder abias, bandoleers and oil lamps, as well as a long chibouk/pipestem, tobacco bags and tinders. Silver buttons on the men's vests were especially beautifully designed- they actually represent a rudiment of the former war armour. Jewellery, as an essential part of female costume, involved various kinds of earrings, necklaces, appendages, buttons, rings, brooches, decorative pins and belts. Local craftsmen designed them. Silver belts- čemer- were especially beautifully designed.





# CULTURE / MARITIME HERITAGE COLLECTION

"The collection of Maritime Heritage" in Porto Montenegro, represents a unique introduction to nautical history of Boka Kotorska. It reflects rich maritime tradition and preserves the memory of the exceptional nautical past of the Adriatic.

The collection consists of over 300 exhibits, from the Yugoslavian submarines to the princess Ksenija's diary, Austro- Hungarian ship equipment and industrial machines. Walls of the old building are decorated during the exhibitions with cult paintings among which are paintings by Skifano, Kulenisa, Roy Lichtenstein, Salvador Dali and Andy Warhol.

During the period while the Arsenal existed this building was a sawmill, while







the Arsenal itself was one of the largest nautical base on the Adriatic, founded by the Austro- Hungary in 1889. Preserved artifacts remind of the development of the former Arsenal, which reflects the interaction between the people and this area, economic activities and the citizens of Tivat. At the same time when Porto Montenegro realized its ambitious vision, it also valorized this area, with



the aim to preserve the past for the future generations. The Arsenal used to be an important base where ships were overhauled and repaired, as well as submarines- primarily Austro - Hungarian and German, then later Yugoslavian. After the World War II, it was named RZ "Sava Kovačević".

## CULTURE / MUSEUM: SUBMARINE



### Submarine P-821 Hero

Yugoslavian Navy took pride in the submarine P-821 Hero. Now, it is a valuable museum exhibit which leaves all the Porto Montenegro visitors breathless.

It is a rare, educative and attractive opportunity to stand at the helm of this submarine, and to learn that 28 crew



members were inside of it, deep down under the sea, writing glorious pages in the history of the Yugoslavian fleet. However, this is available to the visitors, on the plateau in front of the Maritime Heritage Collection.

An opening in the hard, 28 mm thick hull leads inside the submarine, into its cramped interior which consists of- the Captain's cabin, torpedo tubes caliber 533 mm, radio station, electromotive

area towards the stern where the main engine of the Hero is located. Not only had material exhibit value of the submarine been restored, but also its past life- through a lot of stories told by the crew members. They can still recollect their underwater life, dangers they had to face with, meals they had on the torpedo tubes, or nights they spent sleeping on folding beds wherever they could find some space.

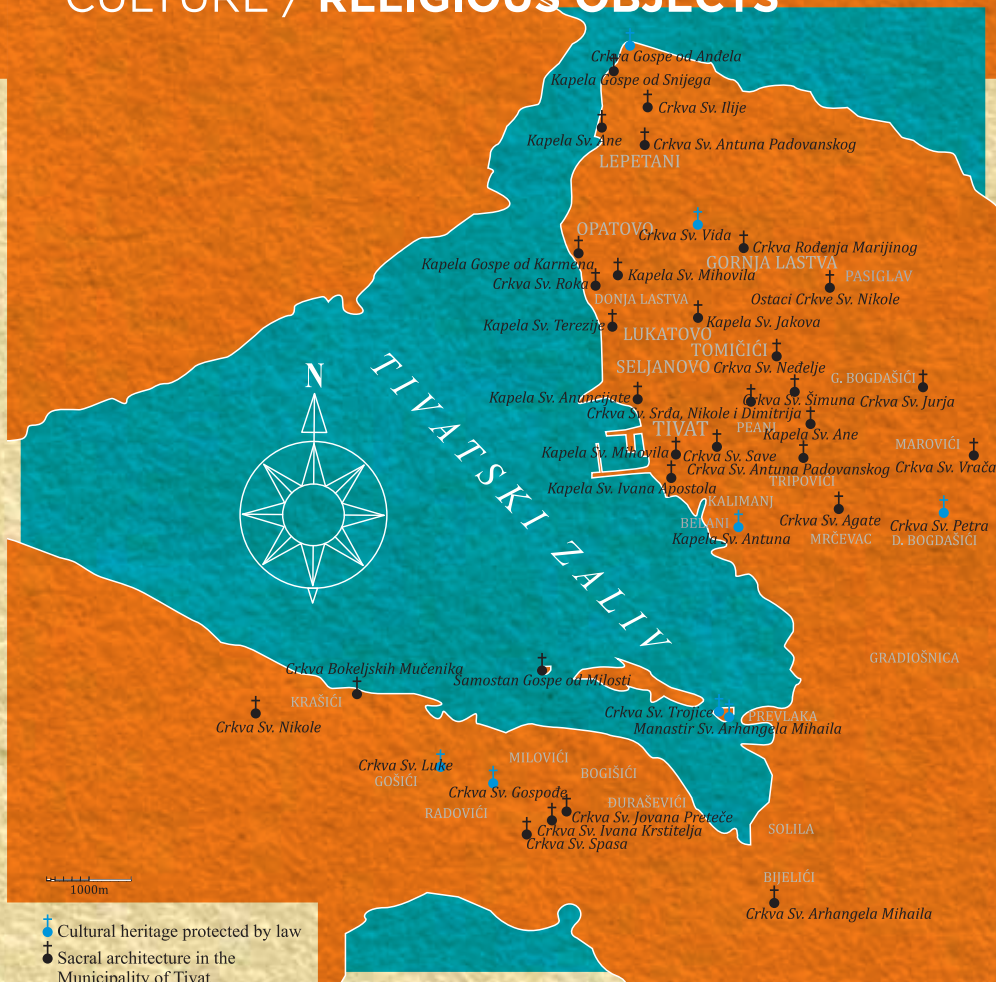


The Hero submarine was launched into the sea in August 1967 in Split. After 23 years, when it was finally out of function in 1991 and left in Tivat, it had total 726 sailing days, and it was 901 times immersed in the sea, completing 46,659 nautical miles- equivalent to 2 sails around the world.





# CULTURE / RELIGIOUS OBJECTS



## Face to face with faith – Religious tourism in Tivat



Beside medical or cultural reasons, religion is one of the most common and oldest incentives for travelling. Religious tourism can be related to culture, because sacred places are visited both for their religious and artistic attractiveness. Religious attractions are included into rich tourist offer in Tivat. Thus, religion is preserved. A lot of churches and monasteries are situated in Tivat, and they witness the most significant eras of this area.



# CULTURE / BUĆA GALLERY

## Love between the Renaissance, late Gothic and Baroque

This medieval summer house of the noble family Buća from Kotor, houses museum items and a showroom. It is situated in the very center of the town, and it was built in the 15th century.



Several stages can be distinguished- the influence of the Renaissance is evident, with elements of late Gothic and Baroque. The whole complex is surrounded by the stone wall, and it involved the tower, the Administrative building and the residential building. In the yard situated in the middle of the complex there is a little chapel of St. Michael (Sv.Mihovil).

The oldest preserved part of this





complex is the tower (in the Renaissance style), with the inscription above the entrance door which has a year 154 engraved- a year when the tower was upgraded- as well as the name of the master Vičencije from Lastva. The tower has four levels. Temporary exhibitions are organized here. The archaeological exhibition: "Treasure of the Ancient Boka" has been replaced by the Ethnographic exhibition named: "Chests- Guardians of tradition". The former two-level Administrative building houses the museum exhibition "Ethnographic heritage of Tivat" which provides an insight into lifestyle and culture of this area. The two-level Residential building houses the gallery showroom. The Gallery's programme follows the contemporary art through individual, group or thematic exhibitions of the Montenegrin and foreign artists. The Gallery and the Museum collection function within the JU "Museums and Galleries".



# CULTURE / SOUVENIRS



## Holiday memories

Souvenirs contain emotions of the people who make them. Souvenirs reflect the town and country you visit, its tradition and characteristics. They actually reflect your experience during your travels. They preserve your memories and recollections, they tell the stories about the places you have visited.





You can find numerous souvenirs in Tivat, such as decorative magnets, painted stones, shells, photos, boats, wheat drawings, palm tree figurines, postcards, homemade figures representing men and women from Boka, lace from Dobrota, works of art. There are other unique souvenirs like amphoras, kettles, furnaces, lanterns etc. Each souvenir is special and unique, and it hides a story about Tivat, its origin and purpose.



# TRADITION



## The valuable chest

Tradition is something to be preserved, passed on to the future generations, something that lasts.

Our ancestors knew tradition, we know it today, and our children and future generations will know it one day. Thus the chain continues. People are the vault where tradition is preserved like



the treasure.

First of all, tradition is knowledge passed on by the word of mouth-however, not only knowledge, but also customs, skills, conventions and lifestyle of a group of people.

In this sense, tradition is cultural heritage passed on to the future generations. It also involves artistic crafts, rituals, ethical rules, social etiquette and eating habits.



# TRADITION / THE BOKELIAN NAVY



According to tradition, the Bokelian Navy was founded in the 9th century (in 809) and since then it has been functioning as the oldest organization of seamen in our country and in the world. Development of maritime economy encouraged people from Boka to become good seamen, shipbuilders and brave warriors. They had been fighting against invaders for centuries, striving to secure the waterways. This is the reason why the organization of seamen- the Bokelian Navy- was first founded in Boka Kotorska, not somewhere else. The Bokelian Navy was developing together with the development of the maritime affairs and shipbuilding in Lastva and Tivat. In the 18th century seamen from Lastva sailed on the ships from Perast which fought against invaders, but also carried state mail to Venice or sometimes even to Constantinople.



Maritime affairs in Lastva were at the peak between 1705 and 1797. For 92 years, Lastva possessed 23 larger and smaller sailing boats with 25 ship owners and 2 captains.

The Austrian war Navy built the Arsenal in 1889. The local Council, under the chairmanship of Mato Filipov Krstović, made an unanimous decision to grant the land for free to the Navy so the shipyard could be built. This decision was of great significance for the local citizens.

The Bokelian Navy recruited seamen and officers mostly from Lastva. The Navy's Standard-bearer kept carrying the banner incessantly for more than 50 years, until 1910. Seamen, wearing costumes and weapons, took part in important celebrations. Guard of honor was kept during the funeral of the Navy's seamen. During the celebrations



in Kotor or nearby, seamen from Tivat and Lastva were accompanied by women and girls dressed in beautiful national clothes of Lastva.

The Bokelian Navy had its brass orchestra in the past. Lyrics for the traditional song (local type of folk dance- "kolo") of the Bokelian Navy were written by Pavo Božov Kamenarović- the Captain from Dobrota.

The Bokelian Navy took part in celebrations in Cetinje, Belgrade, Zagreb, Split, Rijeka, Dubrovnik etc. The branch of the Navy was founded in Tivat in 1972. It still functions and its activities are still intensive.

# TRADITION / CELEBRATIONS IN LASTVA

Social gatherings of people of Lastva near the threshing floor have always been a symbol of times past in Gornja Lastva. People in this area have always enjoyed dancing, music and socializing during those gatherings. National folk songs can be heard even today, here in this magnificent Mediterranean place. Both women and men danced and sang during wedding ceremonies, other family celebrations or religious holidays- in front of the church or nearby the threshing floor. Each house possessed a traditional Bokelian Navy's costume with weapons and female clothing. As for musical instruments- lyres could be heard, as well as little accordions. Nowadays, celebrations in Lastva take place in August every year, making this warm and beautiful summer month



even more beautiful.

Celebrations in Lastva are organized in August, in Gornja Lastva, by the Cultural Heritage Association "Napredak" (Progress).



## Gornja Lastva



The main celebration takes place in the first week of the month, and the celebration involves: cultural events and programmes and the Bokelian Navy dance (with Music and Educational society "Tivat").

Numerous local and foreign guests visit Lastva during these celebrations. Then, they enjoy listening to local music from Lastva and watching traditional dance from Lastva, Dobrota and Škaljari.

The programme of celebrations in Lastva is very interesting. It also includes "Evenings at the mill" - an event dedicated to a traditional way of singing in Boka and Dalmacija.

Furthermore, visitors can visit the exhibitions and see the paintings of artists from Tivat. The goal of these celebrations is to preserve and cherish the cultural heritage of Boka and Tivat. The main celebration in Lastva has been traditionally organized since 1976.



# TRADITION / THE CARNIVAL IN LASTVA



Who is to blame for all our troubles, who is responsible for all adversities that people from Tivat must face with? Well, the "offender" is to be "prosecuted" for his evil ideas during the carnival in Lastva. On that day, when the offender appears in front of the disguised people, he has no any rights- he must accept the will of the "Court" and the people. This is a description of the amusing traditional celebration- the carnival in Donja Lastva.



This celebration takes place on a Sunday in February in Donja Lastva in Tivat. The parade traditionally starts from the Seventh quarter, and ends in Donja Lastva, in front of the church of St. Roko. This is place where the "Offender" (actually the carnival mascot doll) will be convicted for its evildoing, with no right to appeal. The Town's Orchestra takes part in this celebration, too, as well

as majorettes from different dance clubs. After the trial is over, the "Offender" is burned and the celebration continues in the hotel "Kamelija". There is a masked ball for children, as well as for adults- the best disguised people (masks) are awarded. The NGO "Harlekin" organizes the carnival.



# TRADITION / FOLKLORE

National dance, tradition, heritage, interesting, lively steps which you can learn and try out during your visit to Tivat.



The Art and Cultural society "Boka", which used to be a folklore troupe "Tivat", and then the troupe "Boka", was founded on 27th February in 1977.

First steps were taught and learned within dance schools, while some parts of choreography were copied from the television programmes. Ideas were exchanged among folklore societies; other towns were visited where our dancers could gain experience and learn new skills to use in Tivat. At first, there were no costumes in Tivat- they were replaced by army uniforms. Folklore dancers first performed on 1st April in the Larger City Park. (The Youth Brigade Day).

The Folklore troupe was formally made official on 18th May in 1977.



## An endless dance, which connects people - Folklore

The Folklore troupe took part in many performances in various countries and events. There have been a lot of generations, and each of them have emphasized that success requires hard work, making mistakes and above all, friendship.

There was a series of performances in Gornja Lastva, Budva, or on the ship "Galeb". Dancers welcomed tourists at the airport as well, while 5 concerts were held on St. Marc island (lasting all night). They also visited Dubrovnik and took part in an event named "Folklore encounters on the border". Of course, there were a lot more events they attended, such as "The Youth Baton Day", Yugoslavian photography celebration day, handball tournament opening, and many international tours. It is important to emphasize their success. Even today, they are an



inevitable part of all events in our town- they are an attraction, especially to tourists. Their grace and beauty of their dance leaves everyone breathless- even the local people who enjoy it every time like never before.



# TRADITION / THE CHICORY FESTIVAL

Chicory is an edible plant with healing characteristics which grows in our area. There is a festival dedicated to it! Chicory can be prepared in many ways- anyway, it is delicious and healthy, and therefore frequently consumed by people in Tivat.





## The Festival organized in honor of the queen of all herbs

Organization of women in Tivat and Radio Tivat, fully supported by the Municipality Tivat and the Tourism Organization Tivat, have dedicated a gastro festival to chicory, named "The Chicory Festival" which has been lasting since 2004. This festival is unique in many ways- first of all, it lasts since early spring (when first violets appear) until late autumn (when first cold, north winds start to blow). Chicory can be found here throughout the whole year- in our gardens, orchards, vineyards or on meadows outside the town. Our grandmothers prepared it in dozens of different ways. However, festival created more than 200 recipes for dishes, drinks or deserts with chicory or made of chicory. You can choose one of the recipes we offer and we guarantee that you will be delighted when you taste any dish made of chicory!

Chicory has always been present in our lives. We live with it and admire it. In order to honor it, we organize this festival each year. You are invited to be the part of this magnificent event, which characterizes our culture.

Latin name: *Cichorium intybus*

Traditional, common names:

Potrošnik, vodopija, višnjevi regrad, vodoplav, vuzlika, golica, gologuza, divlja ločika, divlja vodopija, želtenica, žučanica, žutjenica, jandrašica, kašiput, konjska trava, modrica, plavi cvijet, plavulja,



konjogriz, zmijina trava, divlji radić, sunčevo cvijeće, cigura, cilkorija, cikora, san toga, šurlin, ženetruga, žutonica, zubica, indivija, jandraška, matrica, peter, plavocvet, podrožnik, radić, radić, rdubovina, uzlika, zubica, sunčevo cveće, modar cvijet...



# TRADITION / **BOCCE**

The oldest sport mentioned in Tivat was bocce- it is widely practiced even today. There are two set of rules by which bocce can be practised- "the old" and "the new" rules. New rules are used in official competitions. Be the part of this tradition and take part in the Bocce Olympic Games!



Bocce (closely related to bowls) is the oldest sport practised in Tivat. It is still practised by a lot of people. It appeared in 1903, and the first bocce court was nearby today's hotel "Mimoza". The Bocce Olympic Games is a unique competition, attended by a lot of people.

According to certain sources, bocce was one of the favourite amusements in the ancient Egypt in 2500 B.C. Some other sources mention Sparta and Timokreates as founders of this sport, 500 years B.C. The Romans modified the game, adding the "target" - the goal is to approach the target as closest as possible. This variant is accepted in Provence. Stone balls were replaced by wooden balls (but with nails, in order to make them heavier). The game spread all over Europe in the Middle Ages.



There are two variants of this game in Tivat- so called "new" and "old" rules. New rules are used in official competitions.

A bocce court is 27,5 m long and its width is from 2.5 m to 4.00 m. Two rectangles are marked (drawn) on the ground on both ends of the court, and they represent the main place of the game. They are equally long (5 m), while their width depends on the court's



width. Within new rules, there are more various disciplines. There are some traditional disciplines, such as individual game (one player from one team against one player from the opposing team), couples (two players), three players or "a circle". Modern disciplines are more attractive, because they involve throwing the balls, and are quick, brief and dynamic.

Old rules are used only during the local

## Close, closer, the closest...

competition, organized in summer season. It is an amusing competition which represents the oldest sports gathering in Tivat.

Tivat is the capital of bocce competition, and it sends every generation of players to the national Montenegrin team. This sport is a unique characteristic of Tivat, which has brought numerous awards in our town.



# NATURE



Colour green, blue sky,  
yellow sun, magnificent sea,  
sandy beaches, parks, trekking  
paths, botanical and animal  
preserve, villages, fragrance  
of flowers, types of trees from  
all over the world, islands,  
forests, hills, mountains...



## Secrets of peace and freedom

Nature is the greatest artist of all. It never loses its inspiration and its works have been present for centuries. It is an artist who generously awards people, an artist who possesses a recipe for a beautiful life. People have been trying to create something similar to nature, but eventually, we realize that it is not easy even to simply explain nature's wonders, let alone create something similar.





Therefore, we need to preserve the nature and enjoy it. Nature can teach us to enjoy the little things and find our happiness. Isn't it beautiful to sit near the sea and listen to music created by its waves touching the cliffs, whispering their secrets- only to finally return to their mysterious depths? Isn't it beautiful to take a walk in a park or a forest, where you can feel the scent of freedom and hear the murmur of trees? Isn't it



beautiful to watch the birds fly and listen to their twitter, that splendid music? Isn't it beautiful to get to know nature and rejoice in everything it can offer us?

Yes, it is beautiful to come to Tivat and yield yourselves to nature's magic.

## NATURE / **MAGNOLIA**





## The beauty of Tivat- The Lady who is never alone

Magnolia arrived from the North America to Europe in 1737. Some geological researches prove that its ancestors had existed 80-100 million of years ago. It is so old, and yet so beautiful and young. You can recognize it by its green tree and large, white flowers. It is considered to be a symbol of Tivat, because it found its home here. Since 2004, magnolia has been proudly representing Tivat. You can run into this sweet smelling lady along the streets, at the town's park, at the Magnolia square, at Porto Montenegro marina. It spreads its lovely scent everywhere and makes



this town even more beautiful and special.

The most common species in Tivat is *magnolia grandiflora*. *Magnolia grandiflora* is an evergreen tree originating from the North America. It can grow up to 25 m. It has a pyramidal treetop, while its leaves are elliptically shaped- their front part is bright green, while the reverse side is hairy. Very aromatic rosette- shaped, large, white flowers blossom in summer.



# NATURE / TOWN'S PARK

Situated in the town's center, it offers rest, shade, sweet smell, freshness, and endemic tree species from all over the world. The park is streaked with walking paths and it guards the town's beauty.



## **The scent of life Town's park in Tivat**

Various types of exotic plants brought by seamen from all over the world managed to survive in this park, due to its exceptional climatic conditions. It is the largest park area in Montenegro. Local seamen used to bring a tree from their voyages and plant it in this park- it was an old custom they used to respect. This is why the park can now brag with the abundance of plant species. The town's park was founded in 1892, as evidenced by the inscription in the park which says, translated from German: "This park was founded in 1892 by the former navy admiral Friherr Von Sterneck."

The foundation was managed by captains Padevit, Ziegler, Denning, Heinrich and C.Lanjuz, as well as the supervisor Nedwich“.

To keep the tradition and preserve the park, the activity named: "Your tree in our park" was started in 2006. This means that every citizen can donate a tree to mark an important life situation for them (marriage, birth, graduation...). The tree is then planted in the park.



The most significant species in the park are:

- *Araucaria bidwilli*  
(Australian fir)
- *Pinus halepensis*  
(Aleppo pine)
- *Magnolia Grandiflora*  
(Large flowered magnolia)
- *Magnolia liliflora*  
(Lily-flowered magnolia)
- *Pinus pinea* (Umbrella pine)
- *Cedrus Atlanticus* (Cedar)
- *Cupressus semervirens* (Cypress)
- *Platanus occidentalis*  
(American or Occidental planetree)
- *Platanus orjentalis* (Oriental planetree)
- *Melia azedarach* (Melia)
- *Ceratonia silqua* (Carob tree)
- *Aeculus hippocastanum*  
(Wild chestnut)
- *Ablizia julibrissin* (Persian silk tree)
- *Laurus nobilis* (Laurel tree)
- *Prunus laurocerasus* (Cherry laurel)
- *Eucaliptus globulus* (Eucalyptus)

# NATURE / GORNJA LASTVA

Gornja Lastva is a settlement nearby the town- it is a well preserved architectural unit which offers a splendid view of the bay, numerous olive groves, the old olive mill, heritage collection, walking /trekking paths and churches.



Lastva is situated on the north- west side of the Vrmac peninsula which divides the Bay of Boka Kotorska in two parts. Its vegetation is abundant, its nature is magnificent and its villages are attractive to everyone. It is a rare rural area which is still preserved and alive on Vrmac. Lastva is located on the sunny slope of Vrmac, at the back side of Tivat with the altitude of 300 m above the sea level. A good

road about 3 km long (which separates from the main Adriatic road), leads to Lastva. It is a typical seaside Mediterranean settlement on the hill, situated on the opposite side of Gornji Stoliv. Gornja Lastva offers a splendid view to the Bay of Tivat, and even further- over the peninsula Luštica.



## Gornja Lastva – the guardian of the splendid view

Its vegetation is abundant, and together with its coastal architecture Gornja Lastva is a typical Mediterranean rural area. It is very sunny, which is suitable for various types of plant species that can be found there.

The village is situated around a small hill, on a terraced ground. There is a lovely- designed architectural unit consisting of about twenty houses. Houses are simple but symmetrical- they were made of stone which was the most common construction material brought from nearby mines. The ground they were built on is terraced. The whole network of paths connects the houses to the main village square. The paths are surrounded with short stone walls- in some parts, they are actually stairs, due to the terraced terrain. The houses mostly had ground floors and one floor above it. Only a few houses had attics. The ground floor housed a



kitchen and a storeroom. The storeroom was used for storing food or various objects, but sometimes it was a stable. The first floor had bedrooms. Houses with the attic also had an opening and a hearthstone. There were two threshing floors in the village, used for trashing grains and social gatherings. Today, they are mostly used as a meeting point for villagers' gathering and they add to the overall rural atmosphere. A threshing floor is usually paved and stone-walled. The square in the village is exceptionally attractive- it was constructed on a cascade terrain. Local villagers gathered there, during various celebrations in the village. Events, sports games and celebrations were held there, but it was also used in commercial purposes.

# NATURE / VRMAC



## **The guardian of the Bays of Tivat and Kotor**

Vrmac is above and away from the town's active life; it is hidden from the hostile glances and its nature is protected and preserved. However, you are always welcome to visit it. Abundant in numerous tree types, Vrmac is suitable for various plant species.



Vrmac- trekking path- gives you a chance to go trekking through beautiful countryside of Tivat and Kotor. You can enjoy the view of both bays at the altitude of 785 m above the sea level (which is the height of the highest peaks), but also visit numerous little settlements (some of them date back from the Illyrian times), churches and Austro- Hungarian objects.





Forests are natural treasure, which is to be managed in accordance to environment protection principles. Trekking along the paths leading through Vrmac can enable you to enjoy its intact beauty, numerous plant species and architecture of the villages as well.

Small settlements are blended with nature here. However, architecture does not disturb the countryside- on the contrary- construction is limited. The connection between the sea and the mountain results in special climate characteristics. Seaside and mountain air are blended, too.

The massif Vrmac separates Kotor and Tivat, while numerous coastal settlements lean against its slopes. We



can find the remains of former villages as we go higher, as well as archaeological sites, cultural monuments, trekking and cycling paths which connect the two towns.



# NATURE / SOLILA

It is a botanical and animal preserve, situated about 10 km away from the town. It is ideal for birdwatching, because it is visited by flamingos, cormorants, ibises, cranes, auks, large curlews, godwits, lapwings etc.



Solila is a special botanical and animal preserve. It is situated in the swamp area of the coastal part of the Bay of Tivat. The most interesting fact for tourists and birdwatchers is that this area is home to very rare bird species, such as flamingos or small cormorants. They all find their shelter here, in Solila.



## Scent of the sea and singing birds - Solila

111 bird species live on this area of 150 ha, 49 of which are related only to aquatic/water habitats. Some of the attractive bird species that can be seen here are: ibises, cranes, auks, large curlews, godwits, lapwings etc.

Solila is an attractive place to visit throughout the year. However, spring bird migration is recommended for passionate birdwatchers- a period from February to the end of April.

Birds seek peace and quiet, so you will also feel pleased and rested while you enjoy watching these magnificent creatures. You will only need field glasses or binoculars, and you are ready to be amazed while watching their flight and life in general.

Significant dates important to ornithologists which are related to protection of birds and birdwatching, and are celebrated all over the world as



well as in Montenegro, are:

- 2nd February- World Wetlands Day
- The second weekend in May- World Migratory Bird Day
- The first weekend in October- Eurobirdwatch

# NATURE / ŽUPA



This attractive complex offers you a chance to rest, take a walk, enjoy the shade or sunbathe at one of little beaches with the view of Tivat on one side, and of St. Marc and the Island of flowers on the other side. Now you can water-ski here, but also practise other water sports. Župa hosted the first Motor show held in Tivat, which attracted motorcyclists from different countries. Numerous concerts and celebrations have been organized here- they have attracted a lot of people, and this will certainly continue in the future. There are walks, nature, sea, beach, campsite and various sports on one side; and mansions, summer houses and famous palaces on the other side.



## The mysterious beauty



# NATURE / ISLANDS

**Saint Marc** – peace, quiet, cypresses, olive groves, beaches- you can get there by boat or ship

**Our Lady of Grace** – religious tourism- can be reached by boat or ship

**The Island of Flowers** – flowers, monasteries - can be reached by boat, ship, car or bike



## Oasis of peace- Islands in Tivat



Cypresses, forests, olive groves, beaches, sea, sun and rest- you can fully enjoy on the St. Marc island in the Bay of Tivat. Clear sea is in front you, the same sea where the sun baths. You can choose sandy, pebble or stone beaches, but whatever your choice might be, you will certainly enjoy the peace and quiet of this lovely island. And yet, Tivat is only few minutes of boat ride away, as well as Radovići and Krašići- so you can choose where to spend your time.

One side of the island is close to the Island of Flowers. Perhaps you might choose to spend your day there, or you might visit the island the Lady of Grace (on the opposite side of St. Marc island). The Island of Flowers and the Lady of Grace are two guarding angels for St. Marc island.

The Island of Flowers is a small, oval-shaped island, about 300 m long. The attraction of this island is actually its history- the remains of the St. Archangel Michael's monastery.





## NATURE / BEACHES



## The realm of pebbles



All beaches are beautiful and special in a way- they can be stone, sandy, small, long, family beaches, beaches which are perfect for elderly or younger people, secluded beaches, or popular ones, old or modern... Each of them has its own story to tell, and there are a lot of stories about them. To tell that story, you should experience Tivat and everything it has to offer to you. You choose which beach you prefer- whether you like sun or shade, in the centre or away from it, sand or pebbles, shallows for your children, or mysterious depths and rocks...

## NATURE / **SUNSETS**





## When the Sun sets, the Moon takes over the watch over the town



Sunset in Tivat is something you should not miss. No matter which place you chose, the sight is magnificent and provides you with an unforgettable experience. You can enjoy it from every corner of the town- while sitting on a park bench, taking a walk along the seafront, or along a beach, or from a village high above the sea level. There is certainly something splendid and unforgettable in that moment when the



Sun hands over its watch to the Moon, to guard the town, over and over again.

# GASTRONOMY

Tivat offers delicious food which you can enjoy almost everywhere- in restaurants, boat restaurants, households or taverns. Typical dishes of this area are shells, crabs, fish specialities, meat, smoked ham (prosciutto) and cheese, chicory, Mediterranean donuts (priganice), combined with wine, brandy (rakija) or honey.



## Flavours of our town

Globetrotters know that food characterizes a country, a city, a town, a village or a settlement. Tourists' tastes are to be catered for. It is lovely to enjoy spending your time on the beach swimming, sunbathing or doing sports activities, but it is even better to be lured by the tempting smell of the restaurants which invites you to be delighted by our dishes. Delicious food makes people happier and more relaxed. Knowing that happiness and love actually grow when they are shared, we wish to share it with you.

How about fresh sea fish, or perhaps shells which you can save as souvenirs, or irresistible crabs- all soaked in delicious marinade made with local olive oil? Combined with a glass of local, homemade white or red wine, dining becomes a divine experience. Of course, some will choose meat- perhaps local prosciutto, olives and cheese, as a starter. Anyway, you are welcome to choose various tastes of Tivat and enjoy local food- then, your connection to our town will last forever.

People in Tivat cherish their love toward chicory- an edible herb of specific flavour. When you see it, you would never imagine what it actually means



when the gastronomy of this area is concerned. However, when you taste it- and there are various recipes with chicory- you will realize that simplicity is beautiful.



# GASTRONOMY / FISH SPECIALITIES



You can find a lot of fish restaurants- of course, their speciality is seafood- which are decorated according to their offer. Those restaurants are made of stone, with wooden benches, decorated with fish nets, shells, and located on the coast, or offering an amazing view of the sea. The interior is deliberately designed in such way, so that guests can truly experience the whole range of feelings and tastes. You can choose a



speciality of the Mediterranean cuisine- squids prepared in many ways, black, white, yellow or red risotto, shells (prepared just how you like them), grilled fish, octopus salad, mussels, seafood pasta and many more. You can find them all in menus of Tivat's restaurants.

While strolling along the beach, you can find a shell. Lean it against your ear and you will hear the sea. Let the sound take you to one of the lovely local restaurants where you will have a great time, enjoying delicious food. Let the seafood smell on your table.

## Delicious seafood





## GASTRONOMY / **PROSCIUTTO AND CHEESE**



People in Montenegro, therefore in Tivat too, consider themselves lucky if they sit at a table full of delicious dishes. To be complete, a dining table should have homemade prosciutto and cheese in oil. When those tastes are blended, no one can be indifferent. It is not a mere smoked ham or cheese- it is more than that. It is something we cherish, take care of and pay a lot of attention to. Those are little things that mean a lot. We love being good hosts and whenever we make you feel comfortable and pleased at our table- it also makes us, your hosts, happy and pleased.





## **Happiness hides in small things- traditional prosciutto and cheese**



67



So, visit one of our restaurants in Tivat and order a plate of prosciutto, olives and cheese. If you combine it with a bottle of good quality wine- your happiness will be complete.

# GASTRONOMY / CHICORY



## The queen of the herbs

Do you know that you can discover a magical plant if you take a walk anywhere in the countryside in this area?

While walking along your favourite paths, you might not be aware that you accidentally step on a plant which is a speciality of our local cuisine. Do not worry, you are forgiven and the scent left on the sole of your shoe will remind you not to step on it next time. It is better to pick it and make a delicious meal. There are a lot of various recipes with chicory, and you will probably hear about them while you are here and you will wish to taste at least some of them. Chicory is a plant of a specific appearance, but you will understand its true strength and power when you see it on your table prepared in many ways.



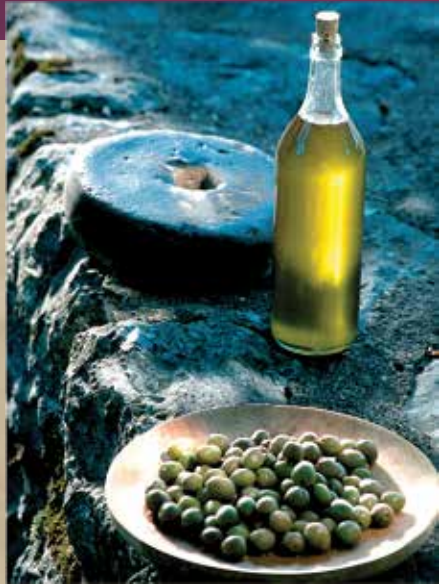


Numerous herbs grow on the mountain slopes above Boka Kotorska. In 1624, Timotej Cizila (in his work "The Golden Ox") drew attention to the abundance of "herbs and rare roots, that can be rarely found anywhere else but here, in such quantities". Bokelian cuisine cannot be imagined without herbs, because herbs give our local cuisine its specific smell and taste. Chicory is the queen among the edible herbs and it is considered to be a holy herb.



# GASTRONOMY / OLIVES, OLIVE OIL

Where there are olive trees there is peace. Olives choose where they will grow- and they choose to grow in Tivat and provide our town with their splendid fruit. Olive is a symbol of Mediterranean cuisine- you can make various dishes (and much more) using olives. Olive oil produced here in Tivat is the most important ingredient in our local cuisine. It looks magnificent in its bottle, but it is even more magnificent when added in your dish. It makes every dish taste special. Therefore, it is true to say that olive is a symbol of fertility, longevity, abundance and peace.



## Olive in literature and history

The Bible mentions olives more than a thousand times. In Christianity, an olive is a symbol of God's care for people. Men who grew olive trees did not have to go to wars, as ordered by Moses. After the Flood, the dove which returned to the Noah's ark had an olive branch in its beak- a symbol of reconciliation between God and people. Jesus' arrival to Jerusalem was

## A symbol of peace



celebrated with a lot of olive branches. It is a symbol of strength due to its solidness and resilience.

Hercules's cudgel was made of olive tree. Olive is also a symbol of loyalty and faithfulness, which was the reason why Penelope and Odysseus's bed was made of olive tree, too. Homer called olive oil the liquid gold. Hippocrates prescribed olive oil for treatment of more than 60 various diseases. The Olympic Games winners were given a wreath made of olive tree leaves and branches, and rewarded with amphoras filled with olive oil- which was very expensive at the time.

Olive is respected and cherished even today. It is an essential part of local

cuisine and can be found in all households, taverns or restaurants... and all because of you.

The most typical Mediterranean sorts of olives and grapevine in this area have a long tradition. Olives have had an important role in people's life here; for example in oil processing and use, or in various traditional beliefs and customs.

Olive oil was used as a means of payment, while an olive branch had healing properties. There was a custom in Luštica, which proofs the importance of the olive, according to which a young man could not marry before having planted a certain number of olive trees. Olive picking means collecting the olives into baskets, after which they are put into sacks and taken to storerooms. There, they are washed and dried and later put into stone mills where they are grinded. After that, they are drained in wooden or metal vessels-rings (called "tjjesak"). Oil obtained in this way is kept in stone containers (called "pila"). Those storerooms also contained agricultural tools, wine barrels, bottles and flagons.



## GASTRONOMY / LOCAL DONUTS (PRIGANICE)



### **The most delicious food prepared by ladies from Tivat**

Donuts or brandy (rakija)- a warm welcome which will make your day. The true magic starts when you taste them- a whole new world opens in your mind. Our ladies know the secret recipe for these magical delicious little balls. However, they will generously offer you to taste our local donuts (called "priganice"). After you taste them, you will become a part of that magic. Combine them with a little wine or our local brandy (rakija)- it will give you strength.

You can combine our donuts with brandy, wine, honey or cheese- whatever suits you. The secret is- they can be combined with anything you like.



## GASTRONOMY / WINE



### Holy wine

In wine there is truth- that is why we should have a glass of wine with a delicious meal. In Tivat, wine was kept together with olives in storerooms- in wine barrels, so called flagons (demižane). Local wine was famous for its good quality- a Montenegrin magazine "Grlica" ("The Dove") wrote about it in 1838, emphasizing that wine from Tivat can compete with French or Spanish sorts of wine. Now, imagine a beautiful evening near the sea. Waves are creating a beautiful symphony and you are enjoying delicious fish prepared in a lovely restaurant. Of course, you will not forget to raise your glasses and propose a toast, while you are sipping wine, red like love and passion. Or white and clear as an innocent soul. People from Tivat know how to enjoy good wine. We do not even have to say that wine is of good quality- it simply goes without saying.



# GASTRONOMY / HONEY

It is a gift of nature- in Montenegrin language, honey implies something sweet and pleasant. Honey is the most important bee product and its beneficial effect has been known for centuries. Beside honey, there is a whole range of bee products with exceptional therapeutic properties, such as: pollen,



propolis and royal jelly. Honey is so special due to its composition. It has soothing, beneficial properties for our digestive system, breathing (cough, colds, bronchitis), it stimulates our appetite, fights anemia, etc. This magnificent product is created when a bee and a flower join forces. Your holiday in Tivat will be exactly like it-sweet as honey.

## Following the honey steps





# ACTIVE HOLIDAY AND AMUSEMENT



...peace, beauty, sun, beaches, clear sky, sweet- smelling flowers, twittering birds, clean air, sunset, starry sky... something is missing in this array of words. Maybe, but not in Tivat. Tivat is a place where you can be active even when on holiday. Tivat offers a whole range of sports activities, most of which are related to nature. You can find a type of sport that suits your needs. Don't forget- healthy body, healthy mind.

Perhaps you would like to try rock climbing, searching for an amazing view of the Bay of Tivat, or maybe you want to take part in the Bocce Olympic Games and try the oldest sport in Tivat? If you prefer water sports, you can try sailing. Scuba diving offers you a chance to discover the mysterious depths of the Adriatic Sea. There are other water sports to enjoy- kayaking, water skiing or stand up paddling (from Hawaii).

## Discover your inner talents



If you love golf, Luštica development offers you a chance to play it. After a game of golf, you can take a walk along the paths in Radovići and Luštica leading to beautiful beaches or towards Vrmac, (known as a paradise for trekkers). There is also the path Plavi



horizonti- Bogovo with a splendid view. Then, in the late afternoon, you can enjoy fishing. Later, you can eat the fish you caught and that would be the most delicious dinner in your life. You only need to choose which option is best for you. And when you do it, you can only enjoy your choice.

# ACTIVE HOLIDAY / FISHING



## The excitement of expectation

Among other things, local tradition involves fishing. It is the oldest profession of local population which has survived. Today, it is not important for local people only, but also to numerous curious visitors. Certain books hand-written in the 14th century offer some tips regarding fishing. It is essential for fishermen to be willing and patient. Then comes the gear- various fishing nets, spears, traps and certainly a boat. Today, Fish picnic is popular- during this event you can feel the charms of fishing under the clear sky. Female fishing used to be popular- only women were allowed to be on the boat. Although there is a traditional belief that fishing is an activity for men, it does not mean that women are not equally good at it.



# ACTIVE HOLIDAY / SCUBA DIVING

## How to understand the secrets of the sea?

The answer to this question is- scuba diving. Yes, it is nice to watch the sea, swim, water-ski, sail, or admire its vastness, power and beauty, but have you ever wanted to truly discover its depths? Since 1993, Diving Club "Neptune" can help you satisfy your heart's desire to dive below the surface of the Adriatic Sea and discover its secrets that have been hiding deep down for centuries. Be adventurous and explore the Adriatic Sea.



# ACTIVE HOLIDAY / SAILING

## Waves and wind

Sailing is a wonderful sport you can practise and enjoy in Tivat. If you can sail, then let the wind take you on its wings. However, if you want to learn how to sail, let the best skippers teach you. The Yacht club "Delfin" (Dolphin) has received numerous awards for their



success in sport culture development, development of sailing and maritime affairs, as well as their success in various competitions. Numerous local and international competitions have been organized here- all compliments for that.

# ACTIVE HOLIDAY / STAND UP PADDLING



## A different type of paddling - stand up paddling

Stand up paddling, that is- paddling while standing on a board- is a new, widely popular sport, created in Hawaii. This sport has attracted hundreds of thousands fans in a short period of time. You can practice stand up paddling in the sea, river or a lake. This sport is not very demanding- it is actually made for everybody. It is easy to learn and fall in love with. Stand up paddling is designed for people of all ages. Fans of this sport can take part in competitions and win interesting awards.



# ACTIVE HOLIDAY / TREKKING



Nature lovers and cyclists will be fascinated by the beauty of the Bay of Boka Kotorska and trekking paths in this area. There are also charming, little towns that should be visited, such as Risan, Kotor, Perast and Tivat- if you climb up on Vrmac, you can enjoy the view. You will decide which path to choose, but whichever you choose- it will help you discover the true beauty of this area. During your trekking adventure, you can see Kotor on one side- the World heritage site thousands of years old, or Tivat on the other side- a town with the most beautiful bay and the world's famous marina Porto Montenegro. You cannot miss the archipelago- the peninsula Prevlaka and two islands St. Marc and the Lady of Grace.

Trekking path Radovići- Žanjice cannot be omitted- it gives you a different



## Meet our area

perspective of Tivat and is special in its own way.

This path starts in Radovići (98 meters above the sea level/ masl)) towards the little village Gošići and continues towards the village Babunci- this part is the old Austro- Hungarian stone road. Babunci village is the highest point of this route (250 masl). The path continues toward the site Bare-Lokanj (149 masl) and this part of the route is a combination of the old stone path and the concrete country road. There is an intersection of this circular path at this point (the first part). One part of the path leads to the village Tići (160 masl) along the narrow asphalted road and then it descends towards Žanjice (beach- picnic site). There is again the old stone path at this point. The path passes through the olive grove toward the village Marovići, with the macadam road combined with concrete, and it ends again at the site Bare-Lokanj. The other part of the path turns towards the villages Zambelići and Begovići, and then towards Radovići where this circular route ends. This part of the route is mostly the asphalted road. It is planned to be used for other roads that would start from this road. They would lead to certain historically significant sites and viewpoints. Thus, this part of the route would be extended.





# ACTIVE HOLIDAY / CLIMBING



## Explore the clifftop

There is a cliff 16 metres high, located in the settlement Mažina in Tivat. Sport climbing is considered to be the safest type of this sport. This sport has a tendency to become an Olympic sport. In Tivat, there are 11 directions, so called secured "anchors". Climbing is available to everyone who is curious or interested in this type of activity. Do not forget that, after the cliff is conquered, there is an award waiting on the top of it- a magnificent view of the Bay of Tivat.





# ACTIVE HOLIDAY / GOLF



## Elegance and style

Sea coast in Luštica is attractive, but the inland offers a lot of wonderful alternatives. Attractive golf courts and a golf club are situated there. Courts were designed by a renowned golf court designer Gary Player- actually, there is the first golf court with 18 holes in Montenegro. These courts enable you to play the top class golf, while you are



surrounded by beautiful countryside and views. The Golf club organizes golf lessons, tournaments and archery lessons- both for professionals and amateurs.

Visit the beautiful Luštica Bay.



# ACTIVE HOLIDAY / CYCLING

Trekking or cycling? Paths on Vrmac and Luštica offer you a chance to choose. If you choose cycling, you can go on a tour and visit a lot of places. While you are conquering the paths on your bike, enjoy the breathtaking view of the Bay. On your bike, you can discover secret, hidden places, which cannot be reached



by car. Cycling can enable you an unforgettable experience, a direct contact with nature. Each mile you cycle brings something new and exciting. Cycling is exciting, nice, healthy and it makes everything easier and more accessible.

## Healthy lifestyle



Lifestyle in Tivat is healthy. This is why Tivat was the first town in Montenegro which introduced bikes as a means of transport, in order to decrease air pollution and to enable easier and quicker arrival to a desired destination. This was introduced for the sake of people in Tivat, but also for the sake of tourists who want to see the town by bike. Cycling paths, combined with clean air and splendid viewpoints, enable you to get to know every little stone of this area. Come to Tivat-you are welcome to meet our town. All you need is strong will, good mood and a bike.



# ACTIVE HOLIDAY / BOCCE



**There is only one question,  
but thousand answers**

Why bocce? It is the oldest, the most interesting, the most attractive and unique sport- a champion sport in Tivat. Watching the game is amusing itself, let alone playing it! A souvenir is not only a small object (like jewellery or decorations), but also a possibility to be a part of this traditional sport in Tivat. Being a part of the Bocce Olympic Games, which are organized every year on bocce courts, is a unique experience. You can be a spectator who supports the best players. However, if you are more adventurous, be free to compete and enjoy the feeling of victory.



## ACTIVE HOLIDAY / OTHER SPORTS

### **Basketball, volleyball, handball, bowling, dancing...**

There are many other sports you can practice, such as basketball, volleyball, handball, football, tennis or archery. Marina Porto Montenegro offers a wide range of sports, such as tennis, squash, bowling, fitness, gym, table tennis, various types of dances, yoga, zumba etc.



# ACTIVE HOLIDAY / SPORTS GAMES AND COMPETITIONS

## REGATTA 1000 islands

The largest trans- Adriatic regatta is held near the end of the summer season- in September. This regatta is 280 nautical miles long, and it includes the route Tivat – Rijeka – Tivat. This route passes next to 1000 islands. The contestants can take part into one or both stages. Participation and high ranking enable the contestants to enter world sailing competitions. Regatta is organised by YC “Scor” from Rijeka and Porto Montenegro- a company from Tivat.



## ADRIATIC GAMES

This event is held annually, in summer, not only in Tivat but also in other seaside towns and places of the region. Local groups take part in the contest. Each town devises its competition disciplines. This is also an international event, as teams from Slovenia, Croatia and Italy also take part in it, competing against local teams.



## AMUSEMENT / THE BOCCE OLYMPIC GAMES



This is an interesting, traditional sports event held in Tivat in summer season (July/August). It is attractive (especially to tourists) and unique due to its old game rules. Contestants from other Montenegrin towns take part in the Bocce Olympic Games in Tivat, as well as contestants from foreign countries. In the coastal area, especially in Tivat, Bocce is a traditional sport which is becoming more and more popular. It is the oldest sports event held in Tivat.

# AMUSEMENT / TOWN'S ORCHESTRA

Towards the end of the 19th century and together with the development of industry and maritime industry in agricultural- rural Tivat, common traditional songs (known as "gajde" or "ljerice") were replaced by new sounds. New wave music was accepted as a challenge and appreciated by local people inclined to music. Then, in 1891,



Antun Žeželić managed to form the first orchestra. The orchestra had 11 musicians. They performed during local celebrations, weddings, and religious feasts. After the orchestra stopped performing, a new tambura orchestra was formed, with 8 members ("tambura" is a stringed instrument). This orchestra also performed during numerous celebrations until the beginning of 1909.

## The heart chooses music...



"New wave" in Tivat brought a new idea about the foundation of the first brass orchestra. The idea was realistic, because there was a military wind orchestra within the 91th Austro-Hungarian regiment in the Arsenal. The orchestra traditionally performed on "Brackovo" (Spasovdan) in Tivat and on St. Peter's Day (Petrovdan) in Risan and Cetinje. It also performed during welcome ceremonies organized for a

lot of statesmen, such as the archduke Fridrich and the king Alexander in Tivat, the Ban of Zeta (title similar to a viceroy) in Cetinje, Josip Broz Tito or current Montenegrin President Filip Vujanović.

Music Society in Tivat celebrates 7th November as its day. After 103 years, we can say that the greatest quality of this Society is its duration. The society has patiently trained over 250



musicians who have continued to share their knowledge about music and instruments. Those musicians improved their skills in this Society. Yes, there has to be a strong will to last that long. People in Tivat traditionally cherish music and they make sure it survives and lasts.



# AMUSEMENT / MUSIC SCHOOL IN TIVAT



## Music and life

Education is an important factor in every society. It tells a lot about its culture, development, tradition and progress. Educational systems have changed as societies have changed. Music school in Tivat was founded on 29th October in 1964, by the Municipality Tivat. There has been a branch school in Radovići, since the school year 2005/ 2006.

The School's development policy is focused on wind instruments, without neglecting the other types of instruments.

It is important to emphasize that this school was the first music school in Montenegro which founded a department for brass wind instruments (trumpet and horn). After only a year, this department was successful in music contests.

The Music school in Tivat organized a series of concerts in coopération with the Music Academy in Cetinje and the Chronicle of Bar (Barski ljetopis). Excellent cooperation with the NGO "Ars praesentia" resulted in organization of eleven International workshops for wind instruments in Tivat, eleven years in a row. Workshops were attended by members of

Montenegrin music schools, but also by members of foreign music schools: Italy, Germany, Japan, Hungary, Croatia, Serbia, Bosnia and Herzegovina, Slovenia, Macedonia etc.

Three- year long collaboration between the Music school and wind instrument teachers from the Royal Academy from Stockholm contributed greatly to the development and popularity of wind instruments, which made the school renowned outside Montenegro. The School has accomplished its goal, by cooperating with many eminent artists and music teachers. The first generation of high school students (wind instruments) was enrolled in 2012. With the license given by the Ministry of Education and Sport, on 31st July 2012, Official Gazette no. 42/12, the School started both elementary and secondary music education for: flute players, saxophone players, clarinet players, trumpet players, trombone players and horn players. In July 2012, the school obtained the license for the education of piano players. Thus, the School has specialized in piano and wind instruments education.

The School's vision is to become a leader school for wind instruments in this part of Europe. The School affirms cultural potentials, tradition and cultural characteristics of our town- with the



purpose to raise the overall level of culture and to preserve the Mediterranean cultural heritage.



# AMUSEMENT / PORTO MONTENEGRO

Porto Montenegro is a luxurious marina with a lot of restaurants, bars, glamorous clothes shops, an open air swimming pool and a lot of fun and sports activities.

The first luxurious marina on the Adriatic, Porto Montenegro, is one of the famous destinations for world's yacht clients and cosmopolitan globetrotters from all over the world. In five years, it has developed from the project presentation model into a luxurious brand and the most modern tourist product.

This settlement is designed to meet all the expectations that yachts owners, crew members and other clients might



have. Beside the marina, Porto Montenegro has spacious apartments on the coast, unique restaurants, trendy bars, and a wide range of sports, recreational and cultural activities and events. Currently, the Marina has 250 berths for yachts from 12 to 150 meters long, while 185 berths are currently being constructed- more than 50 of them will be intended for super yachts over 45 meters long.



## Our small town offers a lot

Porto Montenegro is an international settlement which represents an intimate urbane unit on the sea coast, with residential units of high qualifications: there are apartments of various sizes, from one- bedroomed to four- bedroomed, duplexes and penthouse apartments. Currently, there are five finished buildings in the residential area of Porto Montenegro: Teuta, Ozana, Zeta, Milena and Tara, with total number of 128 residential units.

A visit to Porto Montenegro is an amusing, glamorous and relaxing experience. It offers unique lifestyle events, such as 24 hours of Elegance, the James Bond party after luxurious Mishara jewellery presentation, the art exhibition "From Futurism to Modern Art", the presentation of the first Mercedes Benz yacht Silver Arrows Marine, concerts, fashion and art- performances and many more. There



are many reasons why Porto Montenegro is a favorite gathering place for businessmen, European Yachting community members and numerous tourists. You can taste international or traditional Mediterranean dishes in one of the five restaurants in the settlement. There is a wide choice- Italian or Japanese cuisine for instance, or perhaps local cuisine. Top class designer clothes YSL, Dolce & Gabana, Fendi and Etro, Anamar, Carolina Bucci, Italia, Independent, Mawi, Mooi, Samms, Heidi Klein, Roksanda Ilinčić, Camilla and Vixi Zimmerman can be found in Porto Montenegro's boutiques, which makes it an exquisite shopping destination.



# ZABAVA / LUŠTICA BAY

Situated in Trašte bay, Luštica Bay is part of Luštica peninsula, one of the most preserved natural pearls of the Montenegrin coast. It is positioned in the hinterland of high mountains, right on the coastline. Clean air, clear emerald Adriatic sea, unspoiled natural beauty and tranquillity all blended with active lifestyle make this place unique.

Luštica Bay offers a wide range of ecologically constructed properties, both residential and business. It houses two modern marinas with 226 berths, seven hotels- together with the very first Chedy hotel in Montenegro, as well as the championship 18-hole Gary Player signature golf course. Stores, restaurants, cafes, sports facilities, schools and medical centres offer a complete comfort for the community residing in this area and they all represent the future of this project.



# AMUSEMENT / CELEBRATIONS IN LASTVA



Celebrations in Lastva are traditionally organized in August, in Gornja Lastva, by the Cultural Heritage Association "Napredak" (Progress) and the Cultural Center Tivat. The main celebration takes place on the first Saturday of the month, and the celebration involves: cultural events and programmes, as well as the Bokelian Navy dance (with Music and educational society "Tivat"). Numerous local and foreign guests visit Lastva during these celebrations. Then, they enjoy listening to local traditional music from Lastva and watching traditional dance from Lastva, Dobrota and Škaljari. Celebrations in Lastva have a very interesting programme. The programme also includes "Evenings at the mill"- an event dedicated to traditional way of singing in Boka and Dalmacija. Furthermore, visitors can visit the art exhibitions and see the paintings of artists from Tivat. The goal of these celebrations is to preserve and cherish the cultural heritage of Boka Kotorska and Tivat.



# AMUSEMENT / BOKELIAN NIGHT IN DONJA LASTVA

"Bokelian night" ("Bokeljska noć") is an event traditionally organized during February by the Bokelian Navy- its branch in Tivat. It is a celebration filled with music and dance. It is a custom that members of the Navy perform the "Bokelian dance"- an authentic, recognizable dance with medieval symbolism. Bokelian night is an important celebration for local people and all the visitors, which offers various contest every year- cultural programme, Bokelian cuisine presentation and art performances. The purpose and the goal of this event is to preserve the prolific tradition of Boka Kotorska.



# AMUSEMENT / TRADITIONAL CARNIVAL IN LASTVA AND INTERNATIONAL CARNIVAL

The carnival is held on a Sunday in February in Donja Lastva. The parade (with disguised people and the carnival mascot doll called "The Carnival") traditionally starts from the Seventh quarter, and ends in Donja Lastva, in front of the church of St. Roko. There, the "trial process" starts and the carnival doll is "convicted" for all the troubles people had to bear the previous year, with no right to appeal. The Town's Orchestra takes part in this celebration, too, as well as majorettes from different dance clubs.

After the trial is over, the "Offender" is burned and the celebration continues in the hotel "Kamelija". There is a masked ball for children, as well as for adults- the best disguised people (masks) are awarded.

The NGO "Harlekin" organizes the carnival.



## INTERNATIONAL CARNIVAL IN TIVAT



represents a new cultural and tourist brand of Tivat. This attractive event takes place in June and marks the beginning of the summer season. It evokes positive emotions and gathers numerous carnival groups from around the world. The carnival lasts for three days. Besides the carnival parade and the main performance at Pine, there is also the ball on the water and masquerade ball for the diplomatic corps. Children can enjoy the carnival organised especially for them. NGO Maškarada Tivat organises the carnival, under the patronage of numerous local institutions and sponsors. Amusement is guaranteed.

# AMUSEMENT / IN-ART FESTIVAL

Experience Tivat from the performer's point of view

During this three-day- long festival, streets and squares in Tivat are transformed into stages for artists, musicians, acrobats and circus performers. This event is organised by NGO "Kulturni kreator" and Tourism Organisation Tivat and it takes place every year in July.





# AMUSEMENT / THE CHICORY FESTIVAL



The purpose of this gastro event is the presentation of Bokelian cuisine. It has been organized for years by the Organization of Women of Tivat and Radio Tivat. Visitors of this festival can taste inventive dishes made of chicory. Chicory is an edible indigenous herb. Quality of dishes is evaluated and awarded by the special group of



judges. Best arranged and decorated dishes are also awarded. After awards are given, there is an amusing performance, with music and dance involved. Majorettes and the Town's orchestra take part in the performance, together with other performers.

# AMUSEMENT / THE SUMMER OF CULTURE PURGATORIJE

The Summer of culture attracts numerous foreign and local visitors who can see interesting, quality performances and theatre plays. .

The majority of plays are performed on the open air stage, situated in the Buća summer residence.

Purgatorije is organised by the Cultural Center Tivat and is held from mid June until the end of August. Numerous local or foreign theatre groups also take part in the festival with their plays, performances, literature evenings, art exhibitions etc. The festival attracts more and more visitors and becomes more and more popular every year, thus proving its quality. Tourists who spend their holiday in Tivat leave our town deeply impressed by it and they are certainly happy to return.





# AMUSEMENT / SUMMER CELEBRATIONS IN TIVAT



The Tourism Organisation of Tivat (in cooperation with numerous institutions in Tivat) organizes numerous events and international festivals of various types during summer season, intended to provide enjoyment and amusement for tourists and local residents. There are gastro evenings- organised in cooperation with catering services industry- combined with folklore and traditional music performances as well as souvenirs exhibitions, sports events and much more.





# AMUSEMENT / DELICIOUS FLAVOURS OF SUMMER



It is an event attractive to a lot of visitors. No wonder at all, knowing that you can enjoy the best music, the best food and the best folklore dance which will leave you breathless. The event "Delicious flavours of summer" is held in various places in the town, during the whole summer. If you want amusement, just visit our restaurants, taverns, or even boats, and you will be delighted with delicious food and pleasant music. This even is a mixture of "good" and "better"- that is, it combines everything that Tivat has to offer, all these reasons why you spend your holiday in Tivat. During this event, you can comprehend our cuisine, folklore and music- all that in one place.



# AMUSEMENT / CAROB TREE FESTIVAL



Tourist offer in Tivat has been extended, by the introduction of a new event named "The Carob tree festival". It is held in mid- July in Donja Lastva and organized by the NGO "Croatian Community", The Municipality Tivat and the Tourism Organization o Tivat. This event is dedicated to a plant named the carob tree (*Ceratonia siliqua*- also known as the locust tree) which was used for the production of flour, cakes and brandy. The first carob tree was planted in 1886 by Nina Stjepčević, before she got married and went to the USA. The tree is protected by the Municipality Tivat, due to its environmental value. The festival programme, with the carob tree as a central idea, involves cultural performances. During the festival, visitors enjoy music and food- fried, grilled or salted fish, wine, brandy and deserts made with carob.



## AMUSEMENT / **DAYS OF CULTURE IN NOVEMBER**



### **Days of culture in November**

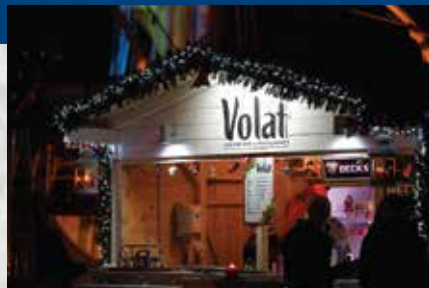
This event is organized by the Municipality Tivat, with the aim to celebrate the 21st November, the Municipality Day. Exhibitions, literature evenings, theatre plays and concerts are organized during the whole month, within the regular winter schedule of the Cultural Center Tivat.





# HOLIDAYS / NEW YEAR IN TIVAT

Tivat offers true holiday magic during New Year's holidays. Charming little stall-houses offer numerous gastro specialities characteristic of this area and season: mulled wine and brandy, as well as donuts and sausages. There are numerous performances between 25th December and 7th January (the two Christmases) with thematic day and evening programme. Children can enjoy the New Year programme organised for them, but there is certainly a lot to see and enjoy for all ages and generations. Local and regional bands and performers make this period of the year even more magical.



### **Author and publisher of the catalog**

Tourism Organization Tivat in cooperation with Tamara Krstović

### **Site**

[www.tivat.travel](http://www.tivat.travel)

### **Photographs**

Mihael Đuričić, Veri Veroza, Duško Miljanić, Anton Marković- Gula  
Foto Riva, Željko Perković, Archives of the Cultural Center Tivat, Archives of Porto Montenegro marina  
Archives of Luštica bay, Archives of Printall pressroom, Archives of the Town's orchestra Tivat  
Archives of the School for music education Tivat, Archives of Radio Dux, Archives of the Center for protection  
of birds and birdwatching, Archives of the National Tourism Organization of Montenegro, Archives of the  
Olive-growing Society Boka, Archives of the Diving club Neptun, Archives of the Yacht Club Delfin,  
Archives Aquacom –Župa, Websites

### **Design and prepress**

Printall Tivat and Brand New Tivat

### **Literature:**

- Mato F. Krstović, the President, foreword to the Monograph on Tivat, October 1983
- Prof.dr Vojislav Korać, Remains of material culture, Monograph on Tivat, October 1983
- Dušan Sindik, Tivat throughout history until 1918, Monograph on Tivat, October 1983
- Maksim Zloković, Dušanka Moškov, Cultural- historical monuments on the territory of Tivat, Monograph on Tivat, October 1983
- Lūka Maslovār, Bokelian Navy in Lastva and Tivat, Monograph on Tivat, October 1983
- Anđelko Sindik, dr Slavko Svoboda, Sport, Physical and technical culture, Monograph on Tivat, October 1983
- Ethnographic heritage of Tivat, Cultural Center Tivat, Museum and gallery of Buća-Luković, May 2006
- Treasure of the ancient Boka, Cultural Center Tivat, Museum and gallery of Buća-Luković, July 2007
- Anđelko Stjepčević, The century of culture in Gornja Lastva, 2012
- Slavko Krstović, 35 years of the Cultural and art society Boka Tivat, 1977-2012
- Slavko Krstović, Sport in Tivat, the youth of a history
- Mašo-Miško Čekić, Blaženka Vučurović, The book about chicory, 2014
- Boris Lanceroti, About the Town's orchestra in Tivat
- Pina Bubanja, About the School for music education Tivat (Music school Tivat)
- Darko Savellić, Center for protection of birds, Solila in Tivat, January 2009
- Website [www.tivat.travel](http://www.tivat.travel)

*Tivat unfolded before your eyes*





**TIVAT**  
many worlds within



**Tourism Organization Tivat**

Phon: +382 32 660 165  
+382 32 671 324  
Phon/Fax: +382 32 671 323

Palih boraca 19  
85320 Tivat  
Crna Gora  
[tivattravel@gmail.com](mailto:tivattravel@gmail.com)  
[www.tivat.travel](http://www.tivat.travel)





**Tourism Organization Tivat**  
**[www.tivat.travel](http://www.tivat.travel)**